

INDOCHINESE AGED CARE SERVICES



NEWSLETTER

ISSUE 1—2018

Editor's Note

Dear Readers

Welcome to the first edition of the Indochinese Aged Care Services newsletter.

From all of our staffs at Indochinese Aged Care Services, we wish you and your family all the best and a happy, healthy and prosperous year of 2018.

It has been a while since our last issue and we would like to share some of our latest updates with you. This issue of newsletter will provide you with information about our progress and achievements so far regarding residents activity and facility upgrade.

We look forward to staying connected with you, so keep a look out for our next issue and feel free to submit us your enquiry through phone, email or in person.

ANNOUNCEMENT

Photo competition 'Prize Presentation' & fundraising dinner will be held at Mari-gold restaurant on April 29. Welcome family & friends to join us on this event. Enquire at reception for more information.



Residents touring the facility's garden

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2017: A Year in Review

Several activities were prepared for residents' leisure time by RAO staff and volunteers.

Here are some of the memorable moments that were captured on our camera.



Outing group photo



Father's Day



Melbourne Cup



Art craft class



Making spring rolls



Making dumplings



Making curry puffs



2018: New Activities



In the start of 2018, New Year activities prepared for residents are ranging from art craft to parachute play time to visit from Feathered Friends birdies and end-of-year ritual ceremony. We also arranged a touring group for residents in order to create an opportunity for them to see and pick out the mangoes from our backyard. Our RAO team is constantly learning and finding the best possible activities in creating a healthy and entertaining environment for our residents to relax their mind in which they could find meaningful and rewarding.



Christmas Parties



Indochinese Aged Care Services held its annual Christmas Party for residents and staff respectively last year. The two parties wrapped up with success and ended in laughter. We enjoyed a big company from family members as well as volunteers who came to celebrate the festive season with us.

We are all incredibly proud and thankful for our dedicated and hard-working staff for making our residents a much delighted Christmas. We would also like to thank everyone who had attended the Staff Party and joined us in sharing this meaningful day.



CHINESE NEW YEAR

2018



Indochinese Aged Care Services welcome a group of members from the Lion Dance team to celebrate the New Year with our residents. Loud noises can be heard across the hallway. Everyone was seen dressing up nicely for the occasion. Our Chairman, Mr. Harry Tang and his wife also came to greet everyone and gave out red packets. Check out a some joyous moment that were caught on our camera.



Open Day & Photo Competition

On February 24, Indochinese Aged Care Services held an Open Day. This new garden was partially funded by the Commonwealth Government and Community contribution.

On the same day, an Opening Ceremony for the new garden was organised. The new garden is built to serve the purpose of improving the quality of life of our residents. This creates another outdoor area to encourage the residents to come out more and make contact with the nature.

The ceremony was attended by VIP guests, directors, family members and mass media.

A lion dance performance was prepared for our guests.



Open Day & Photo Competition



Book Presentation

In light of the launching of our new book [Unforgettable Journey of Life], we invited the residents and family members as well as the member of Board of Directors who took part in the book production to attend the book presentation ceremony held on March 2. Book presentation is hosted by General Manager - Veronica Hon.



饒姑娘康樂員活動簡報

敬愛的住客與家屬們，
大家好！



這一期是由我活動組饒姑娘在本院服務將至 15 年，為大家精彩回顧一下，這三個月多采多姿活動如下：

1 月 24 日(農曆十二月初八)，南天講堂每年這天一大早都會準備臘八粥分派給住客們品嚐

1 月 26 日為了慶祝澳洲國慶，早幾天我們已把國旗掛在大廳與三院地區，並向住客講述澳洲歷史與成立的經過。

2 月 6 日、Feathered and Friends 攜帶親善鸚鵡每年都會來為住客拍照。

2 月 14 日是情人節，本院住了四對夫婦，我們活動組準備了一些巧克力做的玫瑰花讓先生們送給他們的太太表達情意

2 月 16 日 2018(農曆新年，本院在大年初一)請舞獅團來助興。他們在大門前舞獅、點睛及採青，然後再去三院區表演舞獅，住客們各個都很喜歡與舞獅拍照。

2 月 24 日本院舉行開放日與攝影比賽，邀請議員、社區人士代表等，住客們早早就打扮漂漂亮亮的，參加新庭園落成。各位攝影參賽高手、紛紛捕捉住客活動神態。

3 月 2 日元宵節、供應住客湯圓茶點及猜謎有獎活動。

3 月中為 104 歲高壽蘇婆婆舉行了慶生會，並獲英女王、總理及市長的生日卡，祝賀老人家『生日快樂』。

3 月 19 日敬老週，除了邀請粵曲團體表演，並備豐盛午餐。

Contact Us



Give us a call for more information about our services.

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Visit us on the web at
www.indochineseagedcare.org.au

To check out more activities within our facility

Like us on Facebook



*Thank
You for
Reading*

Indochinese Aged Care Services

印支高齡服務中心

How do I access an Aged Care Home

When you find it difficult to manage with day-to-day living activities, you may realise you need help, there are many different types of aged care services available to support you, whatever your needs.

You may also speak with your GP or another care provider about whether you need to consider accessing aged care home.

IF YES, first of all, you may first need to meet with a member of an Aged Care Assessment Team (ACAT) and be assessed. An ACAT can talk to you about the kind of services you need and approve you for that care.

1. You can have the contact of Aged Care Assessment Team (ACAT) from your GP and obtaining a GP referral will enhance your application.
2. Contact your Local Aged Care Assessment Team (ACAT) and ask for an appointment.
3. When you contact the ACAT, leave your message with them, they will call back to advice you on how to gain access to a Nursing Home facility.
4. Aged Care Assessment Team will determine which type of care you require, either low-level care (commonly known as a hostel) or high-level care (commonly known as a nursing home).
5. WITH THE REPORT FROM AGED CARE ASSESSMENT TEAM, you can come to our facility to fill in the APPLICATION FORM.
6. Care Manager will assess whether you are suitable to stay and put you on waiting list.
7. Care manager will contact you when there is a placement available.
8. During the appointment, you and the family member can tour around the facility.

P.S: Please visit <http://www.myagedcare.gov.au/eligibility-and-assessment/acad-assessments>
1800 200 422

For more details about Aged Care Assessment Team (ACAT).

Please note that the best way to find out if an aged care home suits you is by visiting a range of aged care homes.

DEPARTMENT OF SOCIAL SERVICES _ MY AGED CARE can also assist you with regards to residential aged care fees and charges.

Please call **1800 200 422** or visit

www.myagedcare.gov.au/what-help-can-i-get

贈書儀式

本院為了推出我們新書“流金歲月”難忘的人生旅程。由韓總經理親自主持並特別邀請了住客和家屬以及參與本書當中故事主角的董事會成員出席3月2日舉行贈書儀式。當天備有茶點招待，與會人員都很開心，在一片歡樂中結束。



2月24日開放日及攝影比賽同日進行、該日歡樂時光照片



舉辦攝影比賽、庭園剪彩、發行流金歲月故事書、諮詢開放日

印支高齡服務中心，自 2003 年開始服務長者，至今已 15 年、院舍由 30 套房擴建至 88 間套房。

2018 年 2 月 24 日上午 10 時起、嘉賓及攝影參賽者已逐漸來臨、長者們盛裝打扮、為了留下美麗及珍貴回憶，許多參加拍照活動的長者，一早就穿上最漂亮的衣服，打扮得光鮮亮麗在參與活動。

是次出席嘉賓、住客家屬及社區仕人士共達 300 余人、11 時半、更由聯邦政府撥款贊助庭園維修的 **Mr. Chris Hayes MP** 主持揭幕儀式。

1/參與落成的庭園剪彩活動嘉賓包括 **Mr. Chris Hayes MP**, 費菲市副市長 **Mr. Adrian Wong** 及王雪虹處長_駐雪梨台北經濟文化辦事處、院舍曾維佳主席、曾澤平副主席及其他董事們；陳盛福、危國達伉儷、陳光、柯瑞堂、彭鎮威、江念慈、黃肇強、其他理事：莊文藻、馬山河及吳容曦等。

2/舉辦「流金歲月」專題攝影比賽

喜濤苑之新落成庭園、冠以「流金歲月」專題攝影比賽、攝影參賽者及愛好攝影人士、都利用陽光普照的這一天、在尋常景致中捕捉精彩畫面、拍攝生活中美好的一瞬！

3/發行流金歲月故事書

目的是為了促進社會對跨文化的認識、加強社會凝聚力以及增進兩代人之間的了解、給我們的子孫提供繼承祖國文化和尋根問祖的機緣！歡迎家屬成員去細閱他們精彩故事。

4/諮詢開放日

諮詢開放日、下午 1:30 半開始、可以協助及解答長者家屬對選擇『長者護理院』的各項諮詢！該開放日、參觀者及家屬諮詢很多問題、令接待職員應接不暇。



新春

2018



本院歡迎醒獅團與我們的住客一起慶祝新春，鼓聲響徹全院，每個人穿著喜氣服裝，我們的董事會主席曾維佳生伉儷與其他董事們一起跟大家拜年，並發放紅包，洋溢著歡樂氣氛。



聖誕派對



本院為院友和員工及家屬、義工們，舉辦一年一度的聖誕餐會。非常感謝義工和同事們的敬業、互相合作和辛勤的付出。讓我們渡過一個愉快的聖誕節，也感謝所有參加的工作人員，大家在一片歡笑中結束。





2018年新活動的構思



在 2018 年度已準備好一連串活動如下：從藝術、手工、拜訪長者們的親善鸚鵡團隊及農曆年終儀式等，為住客安排一個巡迴活動組，觀賞院內種植的成果，及安排戶外活動。我們的康樂員工熱切鼓勵長者的康樂活動、竭力創造一個促進健康、親切祥和及環境安全的居所。



2017 年整年回顧

康樂員工和義工為住客的休閒時間準備了幾項活動，以下是我們拍攝的一些難忘時刻。



戶外活動



父親節



墨爾本杯



手工藝班



製作春捲



包餃子



製作咖哩角

印支高齡服務中心



新聞信息

2018年_ 第一期刊物

編輯的話

親愛的讀者

歡迎來到【印支高齡服務中心】新聞信息2018年版，我們希望您在2018年裡有個美好的一年。

印支高齡服務中心全體員工都將為您和您的家人，提供最好的服務，現在再與您分享一些活動信息，本期新聞為您提供全是有關於我們住客活動和各項設施的情況告示。期待與您保持聯繫，請繼續關注我們的每一期刊物，如有任何問題，可親臨或通過電話、電子郵件向工作人員查詢。歡迎您們提供寶貴意見以便服務方面有所改善。

通告

十五週年會慶暨攝影比賽頒獎典禮將於4月29日在富麗宮餐廳舉行，歡迎家人和朋友加入我們的活動。請於櫃台前查詢更多信息。



Residents touring the facility's garden

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- 2018年活動構思.
- 聖誕派對.
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- 開放日.
- 發行流金歲月故事書.